

# Oak Bay KOOL Half Marathon

## Quick Facts

### **How far is a Half Marathon?**

A Half Marathon is 21.1km.

### **What is the Ekiden Relay?**

For information about the Asics Ekiden Relay please see the “Asics Ekiden Relay Quick Facts” sheet. It can be found at [www.peninsularunners.com/events/oakbayrelay.htm](http://www.peninsularunners.com/events/oakbayrelay.htm)

### **Is the event Sanctioned? Is the course certified?**

The Oak Bay Half Marathon is sanctioned by BC Athletics and the course has been officially certified.

### **Who is the Charity?**

The Oak Bay Half Marathon is proud to announce *Help Fill A Dream Foundation* as the official charity of the Oak Bay Half Marathon. Donations raised from the Kids ‘Krazy’ Kilometre will also be donated to the *Help Fill A Dream Foundation*. 107.3 KOOL FM also presented the *Help Fill A Dream Foundation* with a community award.

### **What drinks will be available on-course?**

Gatorade and Old Victoria Water Company are the official sponsors of the Oak Bay Half Marathon.

Hydration stations will be located at:

- Victoria and Windsor (one way),
- Beach and Transit (both ways),
- Willows Park (both ways).

### **Where will toilets be available?**

Toilets will be provided at the start/finish area. They will be located behind the post race festivities area. On course toilets will be located at:

- Beach and Transit
- Willows Park

### **Where do I put my race #?**

Race numbers need to be pinned on the front of each runner’s shirts. They cannot be on the back.

### **What is the Early Start?**

Runners and teams who require longer than 2 hours 30 minutes now have the option to join the early start. This will allow people off all levels to enjoy the same festivities at the end. The early start will begin at 7am.

### **How has the course changed from last year?**

The 2007 course has been tweaked to allow for faster running and a better course. The significant change is in the first 5km - we have removed one of the snakes.

### **Are there Post Race Festivities?**

The Post Race festivities will happen at the same spot as 2006. Food, awards, and KOOL FM will be on hand at Hampshire Rd. and Oak Bay Ave.

### **What is the Souvenir Garment?**

In 2007, participants who register before April 28th will receive the official Asics technical long sleeve race shirt. Sizes cannot be guaranteed, but we promise to do our best and will be based on the order of registration, not pick up. Shirts are not guaranteed for people registering late or on race weekend.

### **Can I buy Official Race Merchandise?**

Official race merchandise will be on sale in the month of May at Peninsula Runners. Items can be purchased on race day at the souvenir tent. Supplies and quantities are limited.

### **When and where is Package Pickup?**

The Package Pickup is at Peninsula Runners on the race weekend. Packages will be available on Friday May 18<sup>th</sup> from noon to 8pm, and Saturday May 19<sup>th</sup> from 10am to 5pm.

### **What does it cost to enter?**

<b>Deadline</b>	<b>Individual / Ekiden Team</b>
Early Bird (until 6pm Jan 31, 2007)	\$40.00 / \$90.00
Regular Entry (Feb 1–6pm Apr 28)	\$50.00 / \$110.00
Late (Apr 29–6pm May 17)	\$60.00 / \$125.00
Race Weekend (May 18, 19)	\$70.00 / \$140.00

### **Who are the sponsors?**

Race Headquarters: Peninsula Runners.  
Official Media Sponsors: KOOL FM, CFX, A-Channel, Oak Bay News.  
Presenting Sponsor: Municipality of Oak Bay  
Official Clothing and Shoes Sponsor: Asics Canada  
Official Health Clinic: Synergy Health Management.  
Official Food Sponsor: Ryan Vending.  
Official Race Hotel: Best Western Carlton Plaza.  
Official Water Company: Old Victoria Water Company.  
Official Hydration Company: Gatorade.

### **Peninsula Runners would also like to thank...**

Mayor Causton, Ms. Lorraine Hilton, and the Oak Bay City Council.  
Sergeant Craib and the Oak Bay Police.  
BC Athletics.  
Randy L'Heureux and BC Ambulance.  
The Volunteers.  
The Residents of Oak Bay for donating their streets, time, effort and patience to the development of this great event.