

ZONE 1			
Name	Number	Intersection	Time
1. Brian Losie (CPT)	544-0020	Oak Bay & Wilmot	7:00-10:15am
2. Peggy Losie	544-0020	Oak Bay & Hampshire	7:00-10:15am
3. Dave Shearer	656-2340	Oak Bay & Monterey North	7:00-10:15am
4. Carole Brown	656-2340	Oak Bay & Monterey South	7:00-10:15am
5. Cheryl Wille	656-6497	Oak Bay & Clive Dr	7:00-10:15am
6. Penny Travelbea	383-4545	Oak Bay & Oliver	7:00-10:15am
7. Sabrina Losie	544-0020	Oak Bay & St Patrick	7:00-10:15am
8. Melinda Jolley	881-6270	Oak Bay & York Pl	7:00-10:15am
9. Amanda Trueman	385-8856	Newport & St David	7:00-10:15am
10. Tammy		Newport & Prospect Pl	7:00-10:15am

### INSTRUCTIONS TO ROUTE MARSHALS PLEASE

1. Go to your designated location listed on the charts below (**be sure to look for your name in more than one station**) and your team captain will give you more detailed instructions at that time.
2. **BE PREPARED:** Wear suitable clothing, bring a pen and paper, refreshments, a lawn chair or whatever you need to be comfortable. Feel free to print a copy of this document for your reference.
3. Ensure that your barricade (if you have one) has been erected and that the road is closed when advised to do so by police.
4. Do not let any traffic **on** the course unless it is absolutely necessary and it is safe to do so.
5. Report any difficulties you may have to your team captain, the nearest radio control point, or to a Police officer.

IF CONFRONTED BY A MOTORIST WHO DOES NOT WISH TO CONFORM TO YOUR DIRECTIONS, TRY TO PURSUADE THE DRIVER TO COOPERATE. IF UNSUCCESSFUL, STEP BACK, RECORD THE LICENCE PLATE AND THE ACTIONS TAKEN. REPORT THE INCIDENT TO POLICE WHEN YOU CAN. **DO NOT PUT YOURSELF AT RISK IN TRYING TO STOP THE VEHICLE!**

6. Shout words of encouragement to the runners. Whistle, clap or otherwise cheer them on, especially the last few kilometers of the race. **However, do not forget why you are there, to ensure the safety of the runners by being alert to approaching traffic.**
7. **Do not** dismantle barricades or leave the course until your section has been specifically opened by police. At this point, instruct any "stragglers" to use the sidewalk.
8. Return your vest to the designated person on your team (probably your captain).
9. If you have any specific feedback or suggestions, give them to your team captain, preferably in writing.
10. Consider volunteering again next year! See if you can recruit at least one friend as well!
11. The golfers of Royal Victoria need to be able to make there tee times and will NOT want to wait. Be as friendly as possible. The route for them to get to the course is on the "Notice to Golfers" attachment. They will be using McNeill and Margate. Professional traffic controllers will be located at Margate and Beach. So you just need to get them through the course on the correct path.
12. Oak Bay Marina patrons. Please use the same route at the golfers and utilize McNeill and Margate. The traffic controllers will take care of the drivers from there.
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ZONE 2			
Name	Number	Intersection	Time
11. John Kelley	474-2177	Newport & Transit	7:00-10:15am
12. Julie Martay	"	Newport & Windsor North	7:00-10:15am
13. Dan Pimlott	477-7177	Newport & Windsor South	7:00-10:15am
14. Vicki Hasler	744-7817	Newport & Currie North	7:00-10:15am
15. Peter Rowat (CPT)	479-0343	Newport & Currie South	7:00-10:15am
16. Wendy Barry	"	Newport & Orchard North	7:00-10:15am
17. Barry George	384-3545	Newport & Orchard South	7:00-10:15am
18. Ann George	"	Newport & Margate East	7:00-10:15am
19. Kate Fischer	744-4099	Newport & Margate West	7:00-10:15am
20. Hans Fischer	386-0555	Newport & McNeill	7:00-10:15am
21. n/a		Newport & Patullo	7:00-10:15am

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Name	Number	Intersection	Time
22. Nancy Powers	652-8058	Newport & Central East	7:00-10:30am
23. Roy Harrington	652-8058	Newport & Central South	7:00-10:30am
24. Yuki		Central & Linkleas North	7:00-10:30am
25. Diane Walcott + Deb	598-9314	Central & Linkleas South	7:00-10:30am
26. Marty Schubert (CPT)	382-3135	Central & Byng North	7:00-10:30am
27. Dean Taylor	544-0561	Central & Byng South	7:00-10:30am
28. Joanne Moyes	544-0561	Central & Island North	7:00-10:30am
29. Donna Davidson	544-0044	Central & Island South	7:00-10:30am
30. Shirley Mow	595-1717	Central & Transit North	7:00-10:30am
31. David Hilder	652-2959	Central & Transit West	7:00-10:30am
32. Liz Campbell	384-9010	Transit & Rosario	7:00-8:30am
33. Charlie Troger	658-1284	Transit & Cookman	7:00-8:30am
34. Carla Gray	995-2229	Transit & McNeill East	7:00-8:30am
35. Ivy Schick	370-1410	Transit & McNeill West	7:00-8:30am
36. Erin Grant	652-6938	Transit & Currie	7:00-8:30am

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ZONE 4			
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37. Joe Payne (CPT)	592-8753	Transit & Windsor East	7:00-8:45am
38. Edna Payne	592-8753	Transit & Windsor North	7:00-8:45am
39. Donna Flood		Windsor & St David North	7:00-8:45am
40. Scott Secco	595-1403	Windsor & St David South	7:00-8:45am
41. Janet Zaharia	294-0408	Windsor & St Patrick North	7:00-8:45am
42. Fiona McLash	294-0408	Windsor & St Patrick South	7:00-8:45am
43. Valeriya Edemskaya	383-2809/220-2069	Windsor & Oliver North	7:00-8:45am
44. Jackie Kyle-Kelly	655-6786	Windsor & Oliver South	7:00-8:45am
45. Lesley Cook	480-7703	Windsor & Monterey North	7:00-8:45am
46. Gar Brownbridge	"	Windsor & Monterey South	7:00-8:45am
47. Doug Bourdages	483-5147	Windsor & Hampshire North	7:00-8:45am
48. Ester Lorensen	385-1766	Windsor & Hampshire South	7:00-8:45am
49. Betty Robinson	381-4061	Windsor & Roslyn North	7:00-8:45am
50. Mark Gillis	652-6858	Windsor & Roslyn South	7:00-8:45am
51. Val Gillis	652-6858	Windsor & Victoria North	7:00-8:45am
52. Sandra Brazeau	472-4139	Windsor & Victoria West	7:00-8:45am

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53. Peter Ohara	217-8061	Victoria & Sutherland	7:00-9:00am
54. Ron Semko	658-7035	Victoria & McNeill East	7:00-9:00am
55. Don Gorling	652-6149	Victoria & McNeill West	7:00-9:00am
56. Geri Gorling	"	Victoria & Pentland East	7:00-9:00am
57. Tomoya Tago	250-519-7354	Victoria & Pentland West	7:00-9:00am
58. Yvonne Mann		Victoria & Smythe	7:00-9:00am
59. Josh Mann		Victoria & Beaverbrooke	7:00-9:00am
60. Ian Scott		Victoria & Central East	7:00-9:00am
61. Nikki Scott		Victoria & Central West	7:00-9:00am
62. Jessica London	721-3924	Victoria & Bartlett	7:00-9:00am
63. Taylor Hughes	477-3506	Victoria & McLaren	7:00-9:00am
64. Malcom McLaren	370-1865	Victoria & Guernsey	7:00-9:00am
65. Donna Porter		Victoria & Lafayette	7:00-9:00am
66. Sean Porter (CPT)		Beach & Victoria	7:00-9:00am
67. Ashley Porter		Beach & Sunset	7:00-9:00am

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68. Lorne Milne		Beach & King George Ter	7:00-9:00am
69. Caitlin Mcleod		Beach & Monterey	7:00-10:30am
70. Mugs Milne		Beach and Oliver	7:00-10:30am
71. Tracey West	250-920-9437	Beach & St Patrick	7:00-10:30am
72. Donna Bell	598-8475	Beach and Transit	7:00-10:30am
73. Mark Atkins		Beach and Newport	7:00-10:30am
74. N/A		Beach & Monterey	8:00-10:30am
75. Dre Lewis	727-4306	Monterey & Lafayette	8:45-10:30am
76. Donna Porter		Monterey & Central West	8:45-10:30am
77. Sean Porter (CPT)		Monterey & Central North	8:45-10:30am
78. Ashley Porter		Central & Oliver North	8:45-10:30am
79. Layne Mahon		Central & Oliver South	8:45-10:30am
80. Shannon Jones		Central & St Patrick North	8:45-10:30am
81. The Davidsons		Central & St Patrick South	8:45-10:30am

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82. Mari Kushino	Dave	Beach & Margate	8:00-10:00am
83. Justin	Dave	Beach & Satellite	8:00-10:00am
84. Nikki Tuttle	Dave	Beach & Orchard	8:00-10:00am
85. Ian Stone	Dave	Beach & Currie	8:00-10:00am
86. Jo Rosen	391-0068	Beach & Goodwin/Windsor	8:00-10:00am
87. Danielle Hermans		Beach & Windsor	8:00-10:00am
88. Amanda Nelson		Beach & Beresford	8:00-10:00am
89. n/a		Beach & San Carlos	8:00-10:00am
90. Emily Reid		Beach & Somass	8:00-10:00am
91. Brenna Nixon		Beach & Cranmore West	8:00-10:00am
92. Shannon Archer		Beach & Cranmore East	8:00-10:00am
93. n/a		Beach & Anscombe	8:00-10:00am
94. Nina Moore	888-7215	Beach & Bowker East	8:00-10:00am
95. Kirsty Smith		Beach & Bowker West	8:00-10:00am
96. Amanda Venkaya		Beach & Cavendish East	8:00-10:00am
97. Gillian Higgins		Beach & Cavendish West	8:00-10:00am
98. Mike Saskes		Beach & Dalhousie East	8:00-10:00am
99. Doug Thompson		Beach & Dalhousie West	8:00-10:00am

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\* **There will be a professional road marshal at Beach and Windsor whom you should contact in case of emergency if you do not have a cell phone!**

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100. Adrien Trumpy		Beach & Estevan East	8:00-10:00am
101. Emma Carberry		Beach & Estevan East	8:00-10:00am
102. Anita Johnson		Beach & Estevan West	8:00-10:00am
103. Justine Johnson		Beach & Estevan West	8:00-10:00am
104. Catherine Fletcher	384-8517	Beach & Thorpe	8:00-10:00am
105. Paul Fletcher		Beach & Dorset	8:00-10:00am

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106.	Silas Medd	380-6010	Beach & Surrey	8:00-10:00am
107.	Noreen Skoreyko	380-6010	Beach & Valdez	8:00-10:00am
108.	Keirsten Mackie	884-0955	Beach & Tarn	8:00-10:00am
109.	Rachel Dick (Cpt)		Beach & Rutland East	8:00-10:00am
110.	Haley Ingram		Beach & Rutland West	8:00-10:00am
111.	Mealnie Olson & Alysha Johnson		Beach & Humber	8:00-10:00am
112.	Martin Olson		Beach & Exeter	8:00-10:00am
113.	Clare Barry		Lansdowne & Exeter	8:00-10:00am
114.	Kevin Mackey		Beach & Lansdowne	8:00-10:00am

## INSTRUCTIONS TO ROUTE MARSHALS PLEASE

1. Go to your designated location listed on the charts below (**be sure to look for your name in more than one station**) and your team captain will give you more detailed instructions at that time.
2. **BE PREPARED:** Wear suitable clothing, bring a pen and paper, refreshments, a lawn chair or whatever you need to be comfortable. Feel free to print a copy of this document for your reference.
3. Ensure that your barricade (if you have one) has been erected and that the road is closed when advised to do so by police.
4. Do not let any traffic **on** the course unless it is absolutely necessary and it is safe to do so.
5. Report any difficulties you may have to your team captain, the nearest radio control point, or to a Police officer.

IF CONFRONTED BY A MOTORIST WHO DOES NOT WISH TO CONFORM TO YOUR DIRECTIONS, TRY TO PURSUADE THE DRIVER TO COOPERATE. IF UNSUCCESSFUL, STEP BACK, RECORD THE LICENCE PLATE AND THE ACTIONS TAKEN. REPORT THE INCIDENT TO POLICE WHEN YOU CAN. **DO NOT PUT YOURSELF AT RISK IN TRYING TO STOP THE VEHICLE!**

6. Shout words of encouragement to the runners. Whistle, clap or otherwise cheer them on, especially the last few kilometers of the race. **However, do not forget why you are there, to ensure the safety of the runners by being alert to approaching traffic.**
7. **Do not** dismantle barricades or leave the course until your section has been specifically opened by police. At this point, instruct any "stragglers" to use the sidewalk.
8. Return your vest to the designated person on your team (probably your captain).
9. If you have any specific feedback or suggestions, give them to your team captain, preferably in writing.
10. Consider volunteering again next year! See if you can recruit at least one friend as well!
11. The golfers of Royal Victoria need to be able to make there tee times and will NOT want to wait. Be as friendly as possible. The route for them to get to the course is on the "Notice to Golfers" attachment. They will be using McNeill and Margate. Professional traffic controllers will be located at Margate and Beach. So you just need to get them through the course on the correct path.
- 12 Oak Bay Marina patrons. Please use the same route at the golfers and utilize McNeill and Margate. The traffic controllers will take care of the drivers from there.

13. Bring a copy of the map, info sheet and contact #'s to the race

Water Station 1			
Name	Number	Intersection	Time
115. Jill Barber		Windsor & Hamsphire	7:00-8:45am
116. Rachel Buchannon		Windsor & Hamsphire	7:00-8:45am
117. Brooke Billsborough		Windsor & Hamsphire	7:00-8:45am
118. Marc Chewrun		Windsor & Hamsphire	7:00-8:45am

Water Station 2			
Name	Number	Intersection	Time
119. Reg Finch-Field	361-6941	Beach & Oliver	7:30-10:00am
120. Kate Weber Brown + Chris Brower	881-3067	Beach & Oliver	7:30-10:00am
121. Carolyn Gregg	704-0044	Beach & Oliver	7:30-10:00am

Water Station 3- Moxies			
Name	Number	Intersection	Time
122. Tessa Logan	298-9404	Beach & Dalhousie	8:00-10:00am
123. Tessa Oldroyd	882-9978	Beach & Dalhousie	8:00-10:00am
124. Erin Arndt	889-7871	Beach & Dalhousie	8:00-10:00am
125. Lucas Ferguson	220-5228	Beach & Dalhousie	8:00-10:00am
126. Scott Bishop	858-0839	Beach & Dalhousie	8:00-10:00am
127. Jackie Powell			
128. Susan Moriarty	507-4547		

1 <sup>st</sup> Exchange Zone			
Name	Number	Intersection	Time
129. Trina-Rae Cuff	388-6632	Victoria & Beaverbrooke (St.Michaels)	7:30-9:00am
130. Andrea Bachand	staff	Victoria & Beaverbrooke (St.Michaels)	7:30-9:00am
131. Mike Emerson	386-8656	Victoria & Beaverbrooke (St.Michaels)	7:30-9:00am

2 <sup>nd</sup> /3 <sup>rd</sup> Exchange Zone			
Name	Number	Intersection	Time
132. Kym Nicholson		Beach & Dalhousie (Willows Park)	8:00-10:30am
133. Jenni Croucher + Friend		Beach & Dalhousie (Willows Park)	8:00-10:30am

Start/Finish Line			
Name	Number	Intersection	Time
134. Dave Milne		Oak Bay & Wilmot	5:30-12:00am
135. Michelle Payne		Oak Bay & Wilmot	7:00am -12:00pm
136.		Oak Bay & Wilmot	7:00am -12:00pm
137. James Wale		Oak Bay & Wilmot	8:30-11:00am
138. Lee (heather B)		Oak Bay & Wilmot	8:30-11:00am
139. Nancy Chave	3560950/4137784	Oak Bay & Wilmot	8:30-11:00am
140. Katrina Sullivan	213-6959	Oak Bay & Wilmot	8:30-11:00am
141. Melissa Dorran			
142. Joel			
143. Sean (from Uplands)			

Refreshments			
Name	Number	Intersection	Time
144. Diane + Rick Liberto (Captain)		Oak Bay & Hampshire	7:00am-12:00pm
145. Jan Gerrie (Captain)		Oak Bay & Hampshire	7:00am-12:00pm
146. Keiko Takeshita		Oak Bay & Hampshire	7:00am-12:00pm
147. Michelle Morris		Oak Bay & Hampshire	7:00am-12:00pm
148. Amir		Oak Bay & Hampshire	7:00am-12:00pm
149. The Stones		Oak Bay & Hampshire	9:00am-12:00pm

Back Check			
Name	Number	Intersection	Time
150. Nicole Mcleod		Oak Bay & Hampshire	6:15-10:00am
151. Heather Hollman		Oak Bay & Hampshire	6:15-11:00am
152. Carolyn Kirk	995-1662	Oak Bay & Hampshire	7:30-10:30am
153. Bow Delorey	384-9884	Oak Bay & Hampshire	7:30-10:30am

ASK ME GUY: Michael Shewchuk

**EMERGENCY CONTACT: 9-1-1**

**Race Director Dave Milne 661-3930**

**Volunteer Co-ordinator Michelle Payne 686-9755**

**On Course Medical Chris Morrow 661-5451**